

# Ballarat East

## Community News

Edition 18: June 2024 Connecting people in Bakery Hill, Ballarat East, Canadian, Eureka, Golden Point, Mount Pleasant and Warrenheip

### “Say Yes”: Jess Shapes the Future in Ballarat

Wearing multiple hats is something that Ballarat East resident Jess Kelly is comfortable with. Her roles as partner, mother, volunteer for multiple organisations, freelance publishing graphic designer, business co-founder and most recently Ballarat Future Shaper, means that no two days look the same.

Originally from Wellington, New Zealand, Jess moved to Australia the day she graduated from university. However, moving across the ditch wasn't the opportunity to kick-start a career that it should have been. Despite having a Bachelor of Visual Communication Design Jess soon learned that the programs used in New Zealand differed from those used in Australian design circles and she was met with rejection after rejection as she attempted to establish herself. Eventually, Jess learned that a friendly personality and a can-do attitude can take you far when she met a fellow designer who was happy to mentor her as she initiated her graphic design career.

Fast-forward twenty years and Jess is now a sought-after freelance graphic designer within the Australian publishing industry and co-founder of the local sustainable building initiative HUCX Prefab, which she runs with her husband Matt. She credits their move from Melbourne to Ballarat nearly ten years ago as one of the best personal and business choices that they have made. “We needed factory space that was large and adaptable,” Jess explains. “We



Future Shaper, Jess Kelly. Photographer: Ebony Gulliver

manufacture structural fully insulated panels to any size and any width to make anything from studios to full houses.”

But Ballarat gave them more than just industrial real estate. “Through that journey, it was just me and Matt and two newborn babies. Our world was very insular while trying to build a business and raise babies,” she explains. During COVID lockdowns, Jess connected online with her graphic design peers and joined the Victorian Council of the Australian Graphic Design Association (ADGA). She found that a sense of community was beneficial for everyone, and remembering the early days of her career, put her hand up to volunteer and share her skills with others in the

Ballarat community. When her son Frank began school she became involved with the Ballarat East Neighbourhood House, “as a way to connect and make friendships in the local community. Then the more people I met the more opportunities became available - by stepping out and volunteering for the delivery of the newsletter, then joining boards, and opening the factory for the weekend so people could see what we do, it was all about meeting people in our community.”

Jess is now a board member for Ballarat Business Women where she encourages others to experience similar professional growth.

...continued p.7



# Acknowledgement of Country



We acknowledge the Wadawurrung people and their ancestors who have been custodians of the Ballarat area for thousands of years, performing age-old cultural ceremonies, celebrations and traditions. We would like to acknowledge the Ballarat Aboriginal community, many of whom were forcibly removed from their families during the Stolen Generations decades and brought to Ballarat. We would also like to acknowledge and pay our respects to Elders past and present.



The Ballarat East Neighbourhood House welcomes all LGBTQIA+ communities.

## About the Ballarat East Community News



### Frequency and distribution

This publication is printed four to five times each year. In 2024 it is scheduled for distribution in February, March, June, September and November.

The Ballarat East Community News is a project of the Ballarat East Neighbourhood House.

### Contributors

This publication is compiled, edited and designed by Ballarat East Neighbourhood House volunteers and staff. Thank you to this edition's volunteer contributors.

The views expressed and information provided in this publication are not necessarily those of the Ballarat East Community News or Ballarat East Neighbourhood House, including any officers, members, agents, volunteers or contractors.

### Advertising

Thank you to our advertisers for financially supporting the printing costs of this important community project for broader Ballarat East.

Advertising rates per edition are:

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About 8000 hard copies are delivered by a team of more than 60 local volunteers to the suburbs of Bakery Hill, Ballarat East, Canadian, Eureka, Golden Point, Mount Pleasant and Warrenheip. Involving volunteers is a key community development element of this project.

### Subscribe

Subscribe to be emailed a link to the full-colour PDF of each edition: [ballarateastnh.org.au/contact-us](http://ballarateastnh.org.au/contact-us)

This publication is printed locally on 100% recycled paper by a family-owned business, Ballarat Mailworks, 512 Dowling Street, Wendouree, 3350.

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### Next Edition

Articles and ideas for Edition 19 are due by Tuesday 20 August 2024 by email to [news@ballarateastnh.org.au](mailto:news@ballarateastnh.org.au) or in hard copy to Barkly Square Main Reception. Please read the editorial policy:

[ballarateastnh.org.au/ballarat-east-community-news/community-news](http://ballarateastnh.org.au/ballarat-east-community-news/community-news)

### Join our Team

Volunteer to help with this publication by joining our delivery team. Delivery takes about one hour per volunteer, four to five times a year. Interested? Please get in touch.

**Ballarat East Neighbourhood House**  
[reception@ballarateastnh.org.au](mailto:reception@ballarateastnh.org.au)

**0422 612 052.**

Ground Floor, Barkly Square, Wadawurrung Country, 25-39 Barkly Street, Ballarat East  
9.00 am - 5.00 pm Tuesdays to Fridays during school term.

## Memberships



# Welcome

# City of Ballarat Libraries

We enjoyed sharing stories of local leadership this edition. From Jess (p.1) sharing ways she has made connections since moving to Ballarat 10 years ago to Molly and Tyler explaining the student leadership opportunities at Woodmans Hill Secondary College (p.6).

Once you have been inspired by our local leaders, read on...

This edition is packed with ideas for ways you can get involved in local activities. Whether it is joining Big Brothers Big Sisters as a volunteer mentor (p.12), attending a community group workshop (p.10) or learning a new skill at the Ballarat East Neighbourhood House (p.8 & 11) or visiting the Ballarat Libraries (p.3), there is something for everyone.

It is also time for a couple of five-year celebrations, with the Ballarat Repair Cafe (p.9) and the Ballarat East Neighbourhood House (p.4) both reaching this significant milestone.

If you have a spare coat, please consider donating it to the 'Coats for the Community' program. If you are in need of an adult coat for winter or drop in during opening hours (p.9).

Enjoy the read and stay warm.

*Sarah Greenwood-Smith (she/her)*  
Editor, Edition 18  
Manager, Ballarat East  
Neighbourhood House  
0422 612 052  
[reception@ballarateastnh.org.au](mailto:reception@ballarateastnh.org.au)



Ballarat Library, 178 Doveton Street, is OPEN. If you are looking for a free winter's day activity, you will find plenty on offer in the newly refurbished spaces. Come and visit!

Highlights from the Ballarat Libraries Winter program:

### **Tech Café: The Upside of Ageing**

An opportunity to join John from the Live Up program and discover the many suitable resources to assist with healthy aging. Ballarat Library, Thursday 11 July, 11.00 am.

### **Dungeons and Dragons**

Step into a world of adventure and imagination with Dungeons and Dragons at the library. Whether you are a beginner or a seasoned D&D player, you can explore new imaginary worlds, battle fierce monsters and forge friendships. Join a campaign or learn to be a Dungeon Master with the skills to run your own game. Our community of adventures welcomes all who are ready to embark on an epic quest. Suitable for ages 14-18.

During school terms:

- Wendouree Library on 8 July, 22 July, 5 August, 19 August at 3.45 pm.
- Ballarat Library on 16 July, 30 July, 13 August, 27 August from 4.00 pm - 6.00 pm.
- Sebastopol Library on 4 July, 18 July, 1 August, 15 August, 29 August from 4.00 pm - 6.00 pm.

### **Try One Thing – Ed Create**

Start your Edventure with an introduction to coding and robotics for adults. You will learn to construct and code an Edison Robot in this fun and interactive session.

Tuesday 30 July,  
2.30 pm - 4.30 pm, Wendouree Library

Wednesday 14 August,  
5.00 pm - 7.00 pm, Ballarat Library

Thursday 22 August,  
1.00 pm - 3.00 pm, Sebastopol Library

Book into any of these programs by phoning Ballarat Library on 5338 6850 or, for further information, visit: [centralhighlandlibraries.org.au](http://centralhighlandlibraries.org.au)



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# Five years of the Ballarat East Neighbourhood House

The Ballarat East Neighbourhood House is celebrating five wonderful years of working with the local community of broader Ballarat East. You are invited to join us! Please register for morning tea by 25 June (see invitation for details).

## Establishment

In June 2019, this iteration of the Ballarat East Neighbourhood House became an incorporated organisation and in July 2021, the House became a registered charity with the Australian Charities and Not-for-Profits Commission with the purpose of 'Advancing social or public welfare'. Since December 2022, the House has been endorsed as a Deductible Gift Recipient (DGR).

## Funding

The Ballarat East Neighbourhood House receives recurrent annual funding from the Victorian State Government through the Department of Families, Fairness and Housing's Neighbourhood House Coordination Program. In 2023, this was \$94,380 + GST to fund staff to support the provision of 50 hours per week of community development programs and activities which lead to community-strengthening outcomes.

We also work closely with the three other Ballarat-based Neighbourhood Houses. This currently includes a Strategic Partnership with the City of Ballarat, funded until June 2025 to support community groups with governance and training. In 2023 the House received \$83,415 + GST, funding coordination and delivery of 22 free workshops to 236 participants and more than 20 one-on-one support sessions.

Other funding is generated through grants and running low-cost activities with the purpose of bringing people together to advance mental health and prevent social isolation.

## Past History

The original Ballarat East Community House (BECH) was established in 1980. It began as an Occasional Creche held in a church hall. It quickly became apparent many people were isolated from family and friends. The women had needs other than childcare, which could not be met by existing services. Efforts were made to obtain suitable premises and in 1982 the Ballarat East Community House officially opened.



Since then, the organisation has offered a wide variety of courses and activities for an ever-increasing number of people living in and around Ballarat. In 2012 BECH merged with the Delacombe Neighbourhood House and local Work and Learning Centre, to become the Ballarat Neighbourhood Centre. Soon the Centre outgrew its premises and settled into the Ballarat South Community Hub in January 2013.

In 2018, the successful application was made for the re-establishment of a House in Ballarat East. If you know more stories about the original Ballarat East Neighbourhood Centre, please contact us (details on p.2).

[ballarateastnh.org.au](http://ballarateastnh.org.au)

# Mount Pleasant Primary School

# Thrive Cast

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<https://mtpleasps.vic.edu.au/meet-the-teachers/>

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## From the Principal's Desk

At Mount Pleasant Primary School, we are an inclusive, nurturing community dedicated to the growth and success of every student. Our school is a vibrant space of learning and activity, where each child is encouraged to reach their full potential.

This term has been exceptionally busy and exciting. Our students have engaged in a variety of enriching learning experiences, including stimulating excursions and our senior camp at Campaspe Downs, which was a great success.

As the newest member of the Mount Pleasant community, I have been warmly welcomed by our incredible team of dedicated staff. Their commitment and passion form the foundation of our students' success. We are truly fortunate to have such amazing people guiding and supporting our students every day.

We invite you to join our community and witness firsthand the wonderful opportunities Mount Pleasant

Primary School offers.

Enrolments for next year are now open, and we would love to welcome your child to our school. Tours are available on Thursdays – check our website for further details: [mtpleasps.vic.edu.au](https://mtpleasps.vic.edu.au).

*Carly Middleton,*  
*Acting Principal*  
*Mount Pleasant Primary School*  
*401 Cobden Street, Mount Pleasant*  
*5322 3646*  
[mtpleasps.vic.edu.au](https://mtpleasps.vic.edu.au)

## Seasonal Produce on Wadawurrung Country



As part of the Yarning Garden project at Barkly Square, the Food Is Free Inc. team have provided a list of the produce which is currently in season on Wadawurrung Country:

- Feijoas
- Finger Lime
- Jerusalem Artichoke
- Lettuce
- Lemons
- Murnong Yam Daisy
- Oranges
- Silverbeet
- Spring Onions
- Warragul Greens



Episodes one to four of Season One of Thrive Cast are now live, with the four remaining episodes to launch in August (see p.1, Edition 15 for more).

'Thrive Cast' is a modern mental and social wellbeing podcast designed, produced and elevating the voices of young people in Ballarat and the surrounding regions. The project involves a diverse team of 20 young people, with the podcast speaking to unique challenges surrounding mental health support, taking an intersectional approach to discussions of mental health, culture, gender equity and education.

Made for young people, by young people, this podcast combats the serious issue of youth mental health in Ballarat, with each episode tackling difficult topics and conversations, highlighting ways to connect to local support services and build healthy and inclusive communities.

Thrive Cast is a partnership between youth led program Tiaal Mi Goa and Multicultural Arts Victoria, CMY Ballarat and headspace Ballarat, supported by VicHealth through its 'Future Healthy: Future Reset' program.

**Listen to Thrive Cast on Spotify.**

**Try a FREE Course to Help You**

- Improve your Computer Skills
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- Improve your English and Literacy
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Ballarat Neighbourhood Centre,  
11 Tuppen Drive, Sebastopol  
[www.ballaratnc.org.au](http://www.ballaratnc.org.au) Phone: 5329 3273




# Student Leadership at Woodmans Hill Secondary College



**Molly Fredericks, Erin Mawdsley, the Hon Catherine King MP and Tyler Flavell at Woodmans Hill Secondary College.**  
Photographer: Mitch Dyson.

Student leadership at Woodmans Hill comprises all year levels, from 7 to 12. It is led by school captains, as well as Ms Wilmott, the head teacher of the program. There are representatives for each year level, as well as specialised representatives for Pride, environment, inclusion and each of our school houses, who all are motivated to change and lead the school for better in correlation to their roles. We have dedicated meetings to discuss and plan our ideas and projects for building the school community and creating a stronger and more capable student body.

Each student in this group has their own legacy project. This is something they are passionate about and will make their “legacy” - designed to continue over their school career and help the school develop into a better space for students. A few examples of students' legacies include the environmental leaders organising bins for recycling containers, Year 10

leaders improving spaces around the Year 10 lockers and music leaders working to give our school bands more opportunities for shows.

House leaders of the school have set up weekly lunchtime competitions in which students can participate for an opportunity to win house points. The house system has had a big overhaul this year, with new names - derived from First Nations animals - and more activities. Instead of just sports day and swimming carnival, our house leaders are running disc golf, Uno and Kahoot competitions - driving inclusion and participation.

Recently, one of the biggest projects for student leadership has been surrounding teacher Professional Learning (PL). At the start of Term 2, leadership students were invited to attend a PL day. This is the first time students have been included in these days and we were able to gain valuable and powerful insight into the ways teachers themselves learn.

Leadership has been communicating to the wider student body about what our teachers are learning and what techniques are used in class. The aim is to encourage student confidence in their classes and create a positive environment where both teachers and students can further connect to and encourage learning. Selected student leaders are also preparing a presentation for the teachers on student feedback towards the implementation of new teaching strategies. This is a really exciting time for Woodmans Hill, with students working with staff to create a positive environment.

One recent highlight for student leadership was a visit from the Hon Catherine King MP, Member for Ballarat. She came to award Erin Mawdsley with a community service award, one that recognises the recipient's contribution to the school and community. As well as this Minister King was introduced to the school captains and taken on a tour of the school by acting principal, Shannon Ross.

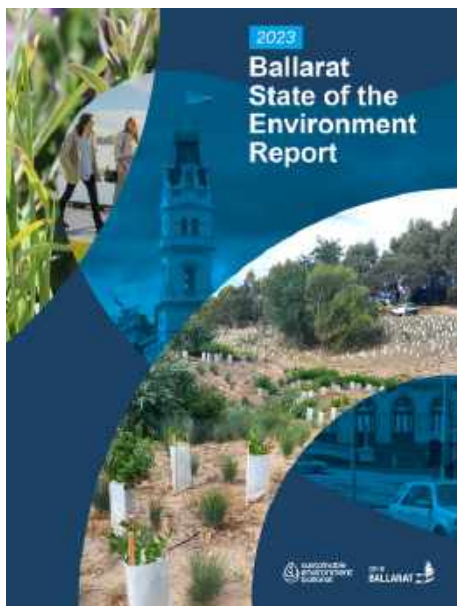
Leadership in Woodmans Hill is diverse and attempts to cater to every student's needs, enabling them to be happier to come to school and therefore more prepared to learn. It is a privilege to be involved with student leadership and the students make an effort to involve themselves in meetings and try to create a better future for Woodmans Hill.

*Molly Fredericks and Tyler Flavell  
2024 School Captains,  
Woodmans Hill Secondary College*

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# State of our Environment



The State of the Environment Report is a brief snapshot of Ballarat's environmental conditions for the two-year period from 2022 to 2023.

It found both successes and challenges. One challenge was that contamination of household and commercial waste on the rise – which impacts the ability to sort and reuse recyclable material, as well as resulting in good recyclables being incorrectly sent to landfill.

“There are many in our community doing incredible work to contribute to a better environment and the State of the Environment Report helps to highlight those achievements that contribute to better environmental outcomes,” says City of Ballarat Mayor, Cr Des Hudson.

[ballarat.vic.gov.au/news/ballarats-first-state-environment-report-released](http://ballarat.vic.gov.au/news/ballarats-first-state-environment-report-released)



## Let's Talk Rubbish Social Group

**DID YOU KNOW- Plastics numbered 1,2,5 are the ONLY ones that can be recycled in our Ballarat yellow-lid bins. Check the number in the triangle before deciding which bin to put it in.**

Are you keen to reduce your household waste? Do you want to share ideas and find out from others about ways to make a change?

Everyone is welcome to drop in to the Let's Talk Rubbish Social Group from 1.00 pm - 2.30 pm, every second Thursday during school term near the café at Barkly Square, Ballarat East. Dates on p. 11.

### ...from p.1

year, Jess won the Peter Davies Scholarship for the Future Shapers program – a leadership course run through the Committee for Ballarat. Jess loves the “access to the diverse and inspiring expertise from across Ballarat and the focus on how to make a more profound and meaningful impact on your local community.”

Adele Nairn - Committee for Ballarat's Program Lead, Future Shapers Community Leadership, says, “We are delighted to have Jess as a Future Shaper in 2024. Her insights and perspectives have a powerful impact, in essence it is her start up, have a crack energy that

This breathes life into the cohort.

She is a stunning example of making yourself visible and thinking broadly about how you as an individual and how your organisation can amplify the tangible impact you are having on your regional community.

There is a real sense of “it's not what are they going to do about that, it's what am I going to do about that” from Jess. A brand of leadership we fully endorse at Future Shapers.”

While Jess misses her family in New Zealand, she knows that Ballarat is a great place to raise her young children, Frank and Alice. “The kids love running through the tracks in Black Hill. We feel safe here, it's an awesome place for kids. And I love the people you meet at the school gate, Ballarat has a great mix of people from all over the world.”

Her advice to any professionals moving to the area is to, “have your ‘friend light’ on. Like a taxi driver turns a light on to show they are taking passengers. Talk to everyone like you are already mates. Be open to everyone being a buddy. Just meeting and having a chat is enough. Say yes to volunteering, you don't know until you try it.”

For more information about Future Shapers Ballarat, visit: [committeeforballarat.com/leadership](http://committeeforballarat.com/leadership)

Melissa Watts,  
Writer, Ballarat East

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# Activities at the Ballarat East Neighbourhood House



## 2024 When Gaming Meets Gambling

Never before has gambling been so heavily promoted and accessible. Parents and Carers, come and learn how to can help young people develop informed attitudes to gambling and healthy gaming habits.

**Time:** 10.30 am - 12.00 noon

**Day:** Wednesday 26 June,

**Place:** Barkly Square, 25-39 Barkly Street, Ballarat East.

[ballarateastnh.org.au/support/gambling-harm-awareness](http://ballarateastnh.org.au/support/gambling-harm-awareness)



## Chatty Wednesdays

Chatty Wednesdays keeps communities connected and brings people together. Everyone is invited! We meet at the large indoor community table at Barkly Square, inside or close to the cafe (or outside in the internal courtyard when weather permits). Come and meet others in a relaxed, casual space. Look out for the bright yellow signs!

**Time:** 10.30 am - 11.30 am

**Day:** Wednesdays during school term

**Place:** Barkly Square, 25-39 Barkly Street, Ballarat East.

[ballarateastnh.org.au/social-connection/chatty-wednesdays](http://ballarateastnh.org.au/social-connection/chatty-wednesdays)



## Deaf Awareness Training

Deaf Awareness Training supports people wanting to further their communication skills in the workplace, community groups and for everyday life. This session will be delivered by Darren and/or Briana Beath from Auslan In The West.

**Time:** 10.00 am - 12.00 noon

**Day:** Friday 28 June 2024

**Place:** Barkly Square, 25-39 Barkly Street, Ballarat East.

**Cost:** \$50 per person

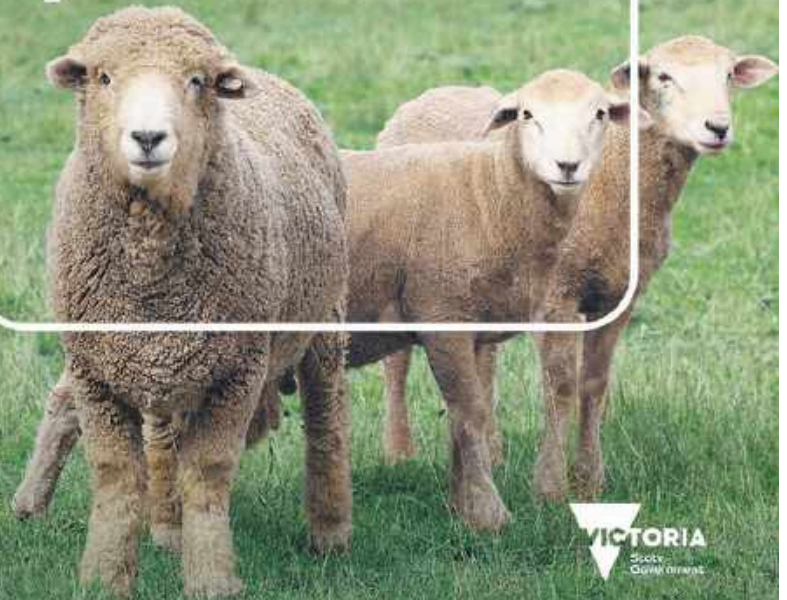
[ballarateastnh.org.au/support/deaf-awareness-training](http://ballarateastnh.org.au/support/deaf-awareness-training)

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# Pride Month



## Celebrate Pride Month this June in Ballarat!

June marks a significant milestone for our vibrant LGBTQIA+ community as we celebrate our first official Pride Month in Ballarat. This is a momentous occasion as this event acts as a powerful affirmation of our shared commitment to diversity, inclusion, and equality.

Pride month is more than just a series of 40+ events; it is a time to honour the progress made for the rights of the LGBTQIA+ community and it is a statement of solidarity that fosters inclusion. It is an opportunity to educate, break down stereotypes, and promote acceptance. By celebrating Pride Month, we affirm that Ballarat is a place where everyone is valued and respected.

### Things to do in June:

- Until 30 June there is a **Queer Little Library** at TBH Studio in Bridge Mall. This is a free book-sharing box where you can choose to take, or leave to share, an LGBTQIA+ book.

- **Ageing with Pride Q&A** will be held at Ballarat Library on 21 June (10.00 am - 11.30 am). This is a program where you can bring your questions and queries about aged services in Ballarat.
- A hidden gem is that trees all over Ballarat will be decorated with gorgeous **rainbow yarn** during Pride Month to celebrate. See if you can spot any!

### Art and Culture Exhibitions

Local artists will be showcasing their works in galleries across Ballarat which will highlight themes of identity, diversity, and pride. These exhibitions will provide a platform for the voices within the LGBTQIA+ community which will offer a unique insight into their experiences and perspectives.

Happy Pride Month Everyone!

For more information, visit: [ballaratpride.au](http://ballaratpride.au)

**Stylized for Success presents.....**

## COATS FOR THE COMMUNITY

**KEEPING THE COMMUNITY WARM FOR FREE**

Do you need a coat this winter? Stylized for Success is offering **FREE** adult coats to anyone in need of one.

**Coats available from Stylized for Success. Tuesdays, Wednesdays & Thursdays 10am - 1pm**

**Donation drop-off Location:**  
Barkly Square Reception during opening hours

**www.bgt.org.au/stylized-for-success**

**COME HELP US CELEBRATE**

## Ballarat Repair Cafe's 5th Anniversary

Since commencing operations in July 2019, the volunteers of Ballarat Repair Cafe have fixed hundreds of items. To acknowledge and celebrate its achievements, a special community forum will be held on:

**Saturday July 27th, at 10am at Barkly Square**

Professor Leanne Wieman, founder of the Australian Repair Network is our special guest speaker, who will talk about her research and all things Repair! This will be followed by a Q&A session with a panel of experts.

Morning tea will be served afterwards.

This event is free but please register your attendance by 20th July 2024 to: [repaircafe@breeze.org.au](mailto:repaircafe@breeze.org.au)

We look forward to seeing you there.

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# Free Training & Support for Ballarat's Community Groups

The Community Governance Project funded by the City of Ballarat is working to provide support to community groups in Ballarat, delivered across the four local Neighbourhood Houses through a Strategic Partnership.



## Workshop #8: Not-for-Profits: How to PR like a boss

**Session 1:** 10.00 am - 12.00 noon, Thursday 5 September at Barkly Square, Ballarat East.

**Session 2:** 6.30 pm - 8.00 pm, Thursday 12 September. Online via Zoom. Repeat of Session 1.

*Presented by Lou Ridsdale, from various national and local not-for-profits including Food Is Free Inc. and 15 Trees, with guest, Tim Bottams from the Ballarat Times Newspaper.*

Are you part of a not-for-profit group and unsure how to get the right media attention? Lou will teach you the tips and tricks of (Public Relations) PR 101.

Learn how to:

- Write an engaging press release.
- Pitch a story to the media.
- Understand how radio, TV, print and other traditional media outlets work.
- Prepare for, deliver and be confident with media interviews.

## Workshop #9: Collaborating with others – How community groups can work together.

10.00 am - 11.30 am, Tuesday 6 August at Barkly Square, Ballarat East. *Not repeated online.*

*Presented by Vicki Coltman, Ballarat Neighbourhood Centre and Kay Miller, Ballarat East Neighbourhood House.*

This workshop will focus on the benefits of working with other organisations to deliver events and services. Issues with partnerships and other forms of collaboration will also be explored. We will look at the many ways groups can work together and explore what networking for community groups really means.

## Workshop #10: The joys and challenges of being on a board or committee.

**Session 1:** 10.00 am - 11.30 am, Wednesday 14 August at Ballarat Neighbourhood Centre, Sebastopol.

**Session 2:** 6.30 pm - 8.00 pm, Tuesday 27 August Online via Zoom.

*Presented by Kay Miller, Ballarat East Neighbourhood House and Annie De Jong, CEO - Ballarat Cemeteries.*

Thinking of joining a committee or board, or already on one? Not sure what skills are needed and what opportunities are offered? Come along and find out what you need to know.

*Register now:*

**[ballarateastnh.org.au/community-governance/community-groups](https://ballarateastnh.org.au/community-governance/community-groups)**

## New ATO reporting requirements

*Does your not-for-profit group have an active ABN?*

If your community group is not registered as a charity with the Australian Charities and Not-for-Profits Commission (ACNC) and you have an active (Australian Business Number) ABN then you will be required to lodge an **annual self-review return** with the Australian Tax Office (ATO) from the end of the financial year ending 30 June 2024 onwards.

The new form should be available online from 1 July 2024 and needs to be completed by 31 October 2024.

The law relating to tax has not changed but the reporting requirements for not-for-profit (NFP) groups have.

To help you work out what you need to do to complete the NFP Self Review Return:

- Watch 45 minute webinar from the ATO.
- Work through the ATO not-for-profit self-review guide.
- Contact the ATO not-for-profit advice service - 1300 130 248 Monday - Friday 8.00 am - 6.00 pm
- Sign up for the ATO not-for-profit news.

For links and more information, visit:

**[ballarateastnh.org.au/community-governance/governance-for-community-groups](https://ballarateastnh.org.au/community-governance/governance-for-community-groups)**

## Free Networking Event for Community Groups

Community Fundraising in Ballarat

5.30 pm - 7.30 pm, Wednesday 20 November, 2024

Morshead Park, Redan

Hear local fundraising stories of success and meet local funding organisations.

REGISTER NOW: [ballarateastnh.org.au/community-governance/community-groups/networking](https://ballarateastnh.org.au/community-governance/community-groups/networking)

# Term 3, 2024: Activities

## Mondays

### Exploring Alexander Technique

with **Julianne**  
11.00 am - 12.00 pm  
Barkly Square  
\$100, 8-week course  
From 22 July

### Moving with Alexander Technique

with **Julianne**  
12.30 am - 1.30 pm  
Barkly Square  
\$100, 8-week course  
From 22 July

The Ballarat East Neighbourhood House office (**Room 102**) and our Community Room (**Room 103**) are on Wadawurrung Country, Ground Floor at **Barkly Square, 25-39 Barkly Street, Ballarat East.**

We are available from **9.00 am - 5.00 pm Tuesdays to Fridays** (Closed Mondays, Public Holidays and school holidays).  
*Term 2: Until 28 June.*  
*Term 3: 15 July to 20 September*

All activities require registration, agreement to the Activity Terms and Conditions, are subject to change without notice and require minimum participant numbers (usually 7 people). If needed, we can provide a participant payment plan.

## Tuesdays

### Playgroup with the Ballarat Toy Library

with **Eve**  
10.00 am - 12.00 noon  
Barkly Square  
FREE  
From 16 July

### Sewing - Intermediate

with **Christine**  
12.30 pm - 3.00 pm  
Barkly Square  
\$100, 8-week course  
Learn Local Course  
From 23 July

### Art & Crafternoon

3.00 pm - 5.00 pm  
Barkly Square  
FREE  
BYO art, craft or sewing projects, supplies and equipment  
From 16 July

### Thursday afternoon short courses

All 12.30 pm - 3.00 pm at Barkly Square

### Mending & Repairs

with **Christine & Repair Cafe volunteers**  
\$80, 4-week course  
Learn Local Course  
18 July - 8 August

### Writing Therapy

with **Devi**  
\$40, 2-week course  
Learn Local Course  
15 & 22 August

### Beginners' Stretch

with **Christine**  
\$60, 2-week course  
Learn Local Course  
29 August & 5 September

### Artificial Intelligence

\$35, 2-week course  
Learn Local Course  
12 & 19 September

## Wednesdays

### Community Auslan: A

with **Jane**  
9.30 am - 12.00 pm  
Barkly Square  
\$80, 8-week course  
Learn Local Course  
From 24 July

### Be Connected - Digital Skills

with **Greg**  
Drop-in sessions  
10.00 am - 11.00 am  
Barkly Square  
2 sessions FREE for people aged 50+  
From 24 July

### Walking Group

9.30 am - 10.30 am  
meet outside the Café at Barkly Square for a walk along Specimen Vale Creek  
FREE  
From 17 July

### Chatty Wednesdays

10.30 am - 11.30 am  
Near the Café  
Barkly Square  
FREE  
From 17 July

### Winter Woollies

with **Sandra**  
1.00 pm - 5.00 pm  
Barkly Square  
FREE  
Craft/Knit/Crochet/Create  
All welcome  
From 17 July

For the most up-to-date version of this calendar, visit:

[ballarateastnh.org.au/classes/activities](http://ballarateastnh.org.au/classes/activities)

## Thursdays

### Community Auslan: C

with **Jane**  
9.30 am - 12.00 noon  
Barkly Square  
\$80, 8-week course  
Learn Local Course  
From 25 July

### Book Group

10.30 am - 12.00 noon  
Atrium, Barkly Square  
FREE

Monthly Thursdays during school term: 18 July, 8 August & 12 September

### Let's Talk Rubbish Social Group

1.00 pm - 2.30 pm  
Every 2nd Thursday  
Café, Barkly Square  
FREE - All welcome  
25 July, 8 & 22 August  
5 & 19 September

### Thursday afternoon short courses

Sewing, Writing, All! ←  
All 12.30 pm - 3.00 pm at Barkly Square  
See full info. to the left

### Community Auslan: Practice Group

2.00 pm - 3.00 pm  
Café, Barkly Square  
FREE  
From 18 July

### Watercolour

with **Tegan & Blazer**  
6.30 pm - 8.30 pm  
Workshoppery, Barkly Square  
\$180, 9-week course  
From 25 July

## Fridays

### Gentle Yoga with Kate

7.45 am - 8.45 am or 9.00 am - 10.00 am  
Eureka Centre  
\$100, 10-week course  
From 19 July

### Community Auslan: B

with **Jane**  
9.30 am - 12.00 pm  
Barkly Square  
\$80, 8-week course  
Learn Local Course  
From 26 July

### Watercolour

with **Tegan & Blazer**  
10.00 am - 12.00 noon  
Workshoppery, Barkly Square  
\$180, 9-week course  
From 26 July

### Hypnotherapy/ Meditation

with **Clare**  
12.30 pm for 12.45 pm start - 1.45 pm  
Barkly Square  
\$80, 8-week course  
From 19 July  
1 week break TBC

### Intermediate Watercolour

with **Christine**  
2.15 pm - 5.00 pm  
Barkly Square  
\$120, 8-week course  
Learn Local Course  
From 19 July

## Saturdays

### Watercolour Crash Courses

with **Christine**  
11.00 am - 4.30 pm  
Barkly Square  
\$100, Saturday 3 August  
EOI for other dates

To register or find out more: [ballarateastnh.org.au](http://ballarateastnh.org.au)  
Contact Us: 0422 612 052 or [reception@ballarateastnh.org.au](mailto:reception@ballarateastnh.org.au)  
Follow us online: [facebook.com/BallarataEastNH](https://facebook.com/BallarataEastNH)

Updated 12 June, 2024

# Big Brothers Big Sisters



Big Brothers Big Sisters participants at Ballarat Botanic Gardens. Image supplied.

*Big Brothers Big Sisters Ballarat is looking for Mentors and also General Volunteers.*

Jackson and Brad were matched through Big Brothers Big Sisters: "I really like that Brad is teaching me to drive. Brad doesn't pressure me and offers me options about how I can make a decision, or a choice and I really like that. The match is going well, it gets me out of my comfort zone and I'm learning a lot".

**Jackson | Mentee**

"I've recently started to see a change, Jackson has started taking an interest in my life and my family and asking me questions. One the weekend we went ten pin bowling Jackson chatted the whole time and asked me heaps of questions it was like hanging out with a mate. I didn't think a few months back we would ever get to this point. I am so thrilled, we have come a long way!"

**Brad | Mentor**

**Do you have a couple of hours a week to become a mentor? Or maybe you could join our general volunteer team and help raise awareness and funds and be part of our events to support the wonderful work of Big Brothers Big Sisters.**

Mentoring programs match young people aged 7 - 17 one-on-one time with positive volunteer mentors who can support and be a safe place for them, to hang out, explore Ballarat, learn from each other and have fun!

Once the young person realizes the mentor is not being paid and is showing up for them, the relationship deepens and they begin to trust the connection, believe in the friendship, and value the support. The time commitment is one - two hours per week and often mentors report it is the highlight of their week!

We also deliver group mentoring programs in Ballarat that focus on

providing positive social interactions that build self-esteem and focus on friendship, connection and respect. Three volunteer mentors meet with up to ten young people weekly for 12 weeks. The weekly activities encourage young people to explore who they are in different settings, with trips to Lake Wendouree, Sovereign Hill, Ballarat Art Gallery, Eureka Centre, Woowookarung Regional Park, Federation University and other natural spaces that support learning of place and self.

Currently in Ballarat there are 167 young people on a growing waiting list, who have applied for a mentor. Having someone who the young person and their family know, is a trusted adult volunteer to spend time with, can be life changing for the young person and the volunteer.

Big Brothers Big Sisters is a child-safe organisation putting the best interests and needs of children and young people first. All volunteers are put through strict screening and training processes including two interviews, criminal check and Working with Children Check, online and training workshops as well as a home visit. Big Brothers Big Sisters is serious and absolutely committed to child safety.

Mentoring is an effective and practical response to the need of young people and families who are experiencing life challenges and need a hand. To find out more please contact Jodie Downey on **0437 247 911** or [jodie.downey@bbbsau.org](mailto:jodie.downey@bbbsau.org).